THE CORNERSTONE CONNECTION



Reaching Up To Christ and Out To Each Other June, 2021

Getting Away for Real

As the saying goes, during the summer, church members are up and down...up in the mountains or down at the beach. It's vacation time! Preachers are also part of this crowd and I begin my vacation later this week.

It's important that when you take a vacation, really take one. I have been on vacations with a full agenda of things I wanted to make sure I did – fish, golf, visit with relatives, walk and exercise, shop, go out at night, do tourist stuff, etc. The fishing and golfing require early rising like 5:30 or 6 a.m. I also have to find time to either write or brush up a sermon for the Sunday I return. Following these vacations with so much activity, I return home exhausted. It's the same kind of mistake I make when I'm home.

Folks who are retired know this pattern well. You may have looked forward to a retirement where you are on your own schedule, doing what you want to when you want to, sleeping in, enjoying things you weren't able to while working, working on the projects you planned on for years. Then, upon retirement things don't go quite as planned. Health issues come up, grandchildren come up – (to be taken care of!), adult children need support, you find that you wake up with the birds when you really want to sleep in!

Whether we're on vacation, retired or working 50-60 hours a week, we need to set aside time to be apart. Rest, meditation, and relaxation are part of the natural rhythm of life that God intended. Remember God called for Sabbath rest when he created the world. He called the Sabbath, Holy.

When you need to get away, really get away! Don't do it halfway. Whether in mind, body, or both, make sure the stressors of your life are turned off enough for your body and mind to recover. Filling your life (or vacation) with too much activity, even if it's activity you love, can lead to undue stress, which is not good for your brain or heart.

Make sure you include soul rest as part of your getting away. Jesus called his disciples away from the crowds to a quiet place to rest for awhile (Mark 6:31). He also said, "Come to me all who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light" (Matthew 11:28-30). When you need to get away and recharge, turn to your external power source. Soul rest is the best kind of rest. Meditate, empty your mind and fill it with how Jesus may be speaking to you, calling your restless soul to rest in him.

Remember that salvation and wholeness share the same root word. "Spiritual healing is God's work of offering persons balance, harmony, and wholeness of body, mind, spirit and relationships through confession, forgiveness, and reconciliation" (B.O.W. p. 613). In your meditative rest, some confession or repentance may be involved. You may just need to confess to the sin of busyness. May Jesus transform your stressors and desires into better ones which lessen the burden you are carrying.

Get away, really get away, and don't forget that includes resting in Jesus.

Peace and rest. Irvin

Lectionary Study for June:

Sunday, June 6th:

1 Samuel 8:4-20 (11:14-15)

Psalm 138

2 Corinthians 4:13-5:1

Mark 3:20-35

Sunday, June 13th:

1 Samuel 15:34-16:13

Psalm 20 or Psalm 72 (UMH 795)

2 Corinthians 5:6-10 (11-13), 14-17

Mark 4:26-34

Sunday, June 20th:

1 Samuel 17:(1a, 4-11, 19-23) 32-49

Psalm 9:9-20 (UMH 744)

2 Corinthians 6:1-13

Mark 4:35-41

Sunday, June 27th:

2 Samuel 1:1, 17-27

Psalm 130 (UMH 848)

2 Corinthians 8:7-15

Mark 5:21-43

June Birthday:

June Anniversaries:

24th Anne Price

7th Mike & Carol Painter

10th Marty & Karen Monahan

10th Dale & Kim Williams

12th Chris & Lisa Starnes

25th Don & Ellie Mobley

Coming Up Next Month:

July Birthdays:

3rd Howard McCallum

24th Leonard Starnes

25th Becky Hasenjaeger

26th Beth Ferguson

27th Gavin Sliva

27th Emery Sliva

29th Becky Fanelty

30th Kenneth Jones

30th Steph Pilecki

Please contact Church office if there are any additions or corrections to the birthday & anniversary list.

For <u>prayer e-mail and/or bulletin prayer list requests</u> please notify the church office, 328-1496 or crnrstone@comporium.net (office hours are Mon-Thurs 9-2 p.m.). When the church office is closed, leave a voice mail on office phone or you may also email, call or text church secretary, Cary Bartelmo, cbartelmo@comporium.net; 803-372-7923.

To view the worship service each Sunday on Cornerstone's Facebook page: https://www.facebook.com/CornerstoneUMCRockHill/

A devotional study class meets every Monday at 10:30 a.m. (online using Zoom). If you would like to be a part of this class, please contact Pastor Irvin. Please note there will be no class on June 14th.

Our in-person worship services use social distancing and required masks. We continue to post the videos of each service on the church's Facebook page for those of you who are not ready to return for safety reasons. It is <u>especially important</u> that if you have attended a service or have been in the church building at all, that you let us know immediately if you test positive for COVID-19. This way we can advise anyone else who may have been in contact with you and also take the proper measures regarding the church building.

Finance Report

Tithes & Offerings January through May: \$63,388.73 Total Expenses Paid January through May: \$62,366.24

Year-to-Date Balance: \$ 1,022.49

Apportionments are paid through May.

Sharron Jones, Finance Chair Johnny Starnes, Treasurer

**Committee Chairs and Circle Chairs: Please put any upcoming meetings, events and other gatherings on the calendar outside the Pastor's office or contact church office. Also, please submit any news, announcements and activities, special events, etc. to the office for inclusion in newsletters.

UMW NEWS

UMW and Wings of Faith Circle will not meet during June, July and August. Next meetings will be in September.

On Sunday, June 27th, the UMW will offer a bake sale before and after the worship service in the Wesley Fellowship Room. Please plan to buy some of these delicious homemade items to help the UMW continue its mission and ministries.

Diane Brewer, UMW Chair

Children's Ministry News:

From Memorial Day until July 4th the children will be studying Bible heroes. At the same time, they will be making cards and letters for people that are currently serving in the military. If you have any friends or family members in the military, please forward their names and addresses to the church's email address: crmstone@comporium.net.

VBS will be held the week of July 26th. If you would like to help, please attend the next Children's Ministry meeting on June 16th at 6 p.m., or contact Linda McCallum, mccallum.linda.m@gmail.com.

Cornerstone will be providing training for acolytes who are 5th grade or higher. Please let Maxine Smith know if you have or know of youth who may be interested. Maxine's email: smithmaxine591@yahoo.com.

FATHER'S DAY BULLETIN

The United Methodist Women will print a Father's Day Bulletin again this year. If you would like to honor or remember a special man in your life, fill in the form below and place it in the offering plate today.

A \$5.00 donation, per name, is requested. <u>Make checks payable to "Cornerstone UMC"</u>, and mark envelopes <u>"Father's Day Bulletin."</u>

Deadline is Sunday, June 13th.	
In Honor of:	_
Given By:	-
In Honor of:	
Given By:	
In Memory of:	
Given By:	
In Memory of:	
Given By:	-
AMOUNT ENCLOSED:(Circle "check"	or "cash")

CORNERSTONE UNITED METHODIST CHURCH June 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 6:30 p.m. Girl Scouts	2	3 6 pm Addie McClintock Circle	4	5
6 Communion -9:45 Sunday School -11 am Worship (& online) (Annual Conference begins online)	7 No 10:30 am Online devotional study (Annual Conference)	8	9	Pastor on vacation through 18th	11	12
13 9:45 am Sunday School 11 am Worship service (& online)	No Online devotional study	15 6:30 p.m. Girl Scouts	16 6 p.m. Children's Ministry meeting	17	18	Pastor returns from vacation
20 Father's Day -9:45 am Sunday School -11 am Worship service(&online)	21 10:30 am Online devotional study No UMW meeting 6 pm UMM mtg	22	23	24	25	26 11-2 pm Churci building reserved
27 -9:45 am Sunday School -11 am Worship service (& online) -5:30 pmFinance -6:30 Church Council meeting	10:30 am	29	30			
				Lawn Mowing: Floyd Myers Steph Pilecki Reid Lefler Mike Painter	Opening & Closing: Johnny Starnes Altar Guild Maxine Smith	Sunday Worship Schedule: 9:45 am Sunday School 11 a.m. Worship Service

CORNERSTONE UNITED METHODIST CHURCH July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 6 pm Addie McClintock Circle meeting	2	3
4 Communion -9:45 Sunday School -11 am Worship (& online) Independence Day	5 10:30 am Online devotional study	6	7	8	9	10
9:45 am Sunday School 11 am Worship service (& online)	12 10:30 am Online devotional study	13	14	15	16	17
18 -9:45 am Sunday School -11 am Worship service(&online) -5:30 pmFinance -6:30 pm Church Council	19 10:30 am Online devotional study 6 pm UMM mtg	20	21	22	23	24
-9:45 am Sunday School -11 am Worship service (& online)	26 10:30 am Online devotional study Vacation Bible School	27 Vacation Bible School	28 Vacation Bible School	Vacation Bible School	30	31
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